



GEAR LIST

All possessions must fit inside one large dry bag provided to you (approximately the size of a 13-gallon garbage bag). If you have any questions about this list, please call 801-382-RAFT prior to the trip.

— PERSONAL NEEDS —

- ◇ Medication
 - Please make us aware of any allergies or particular needs you may have so we may better assist you
- ◇ Supplemental medication
 - Pain reliever, allergy medicine, etc.
- ◇ Sunscreen
 - SPF 50+
 - No aerosol
- ◇ Insect repellent
 - No aerosol
- ◇ Personal hygiene products
 - Deodorant, toothbrush, toothpaste, contact lens supplies (with spares), feminine products, etc.
- ◇ Chapstick with SPF protection
- ◇ Moist towelettes for freshening up
- ◇ Snacks (optional)
 - No meltables or alcohol
 - Space permitting, you may bring your own soda or preferred beverages
- ◇ Cash
 - Guests are responsible for meals to and from the river

— GEAR —

- ◇ Lightweight, stuffable sleeping bag
 - 30-degree minimum rating (this must fit in your dry bag with your other gear)
- ◇ Ground pad
 - Must be able to get wet or fit into your dry bag (no open-cell foam pads)
- ◇ Small dome tent to share with friends

- ◇ Water bottle
 - Must be able to secure with a carabineer
 - Keep in mind that lid straps can easily break
- ◇ Flashlight
 - Head lamp recommended
- ◇ Extra set of car keys
- ◇ Camera
 - Waterproof recommended

— APPAREL —

- ◇ Nylon shirts and pants
 - Long sleeves recommended to keep bugs and sun off of skin
- ◇ Sturdy sandals with heel strap
 - Must be appropriate for hiking
 - No flip flops or water socks while on boat
- ◇ Sturdy shoes or boots for hiking while in camp
- ◇ Light rain jacket (windbreaker)
- ◇ Light rain pants (optional)
- ◇ Light fleece jacket for chilly mornings
- ◇ Undergarments
 - Synthetic material recommended
- ◇ Socks
 - Wool is recommended
- ◇ Swimsuit
- ◇ Small towel
- ◇ Wide-brim hat with retention
 - Should cover neck and ears to avoid burns
- ◇ Sunglasses with retention